



# Welvin Simpkins

**Don't Ask Me Why...Ask Me How...**

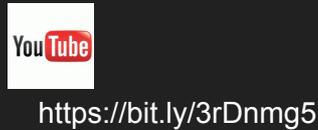
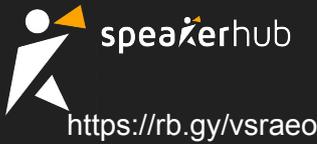
**Liv To Grō, LLC**

livtogronow@gmail.com

803-500-1365

*As a parent of 2 former Stallion football players who were part of the team, I feel doubly blessed to have had them to be influenced by such an awesome man. The boys can relate to "Coach Simp" and find his experience and expertise to be helpful in their interactions on and off of the field.*

**Tammy Potter,**  
*Parent of Clemson University Student Athlete (Football)*



## Speaking Topics

### Defining Your Purpose... Understanding Your Why...

We all serve a purpose for our existence. Finding your "why" in life requires you to be willing to transform your thought process in order to fulfill your destiny.

### Developing Awareness To Always Be Ready

In life, one must never get complacent, but yet always strive to move forward. If you stay ready, you don't have to get ready. Will YOU Be Ready?!

### Determining How To Obtain Growth

Growth requires you to change. One must be willing to go through the process in order to get to the ultimate level. You can't have a TESTIMONY without a TEST...

## Bio

Welvin Simpkins is a Personal Growth Coach, Founder & CEO of Liv To Grō, a style of visionary coaching that will encourage and empower all involved by giving them clear direction and strategies for achieving success. The ultimate goal of Liv To Grō is to Speak LIFE into the youth and to inspire them to live everyday with the mindset of not staying the same.

Innovative leader with 12 years developing the youth of America as a mastered level of education Professional School Counselor & 12 years of coaching high school football. Over the course of his career, he has developed a passion to help develop student-athletes on and off the football field. His goal now is to help the youth determine their purpose in this world of uncertainty while retooling the mindset for personal growth to maximize all phases of life. As your Personal Growth Coach, he will be transparent and authentic, while at the same time give you a piece of him in the process as he has come to realize that a "student doesn't care how much you know, until they know how much you care".

### CHAMPIONSHIP RESULTS

◆8X Assistant Coach State Champion  
in High School Football

◆3X State Champion Independence, Charlotte, NC (2004-2006)

◆5X State Champion South Pointe, Rock Hill, SC (2009-2017)

### NFL Players I've Impacted

Jadeveon Clowney (NFL), Hakeem Nicks (NFL), Mohamed Massaquoi (NFL), Devonte Holloman (NFL), Montay Crockett (NFL), Anthony Johnson (NFL), DJ Smith (NFL)

### College Athletes I've Impacted

Derion Kendrick (Clemson), BT Potter (Clemson), Nick McCloud (Notre Dame), Landon Ard (USC), Tay Hicklin (Georgia Southern), Corey Neely (Marshall), Stevie Gilmore (Marshall)

### Offerings and Rates (VIRTUAL Options Available)

#### 4-Week Workshop

12 sessions for young men in a group forum (middle & high school)

\$ 475 - \$ 750

#### Foundations/Churches Group Organizations

30-60 minute session for young adults (middle & high school)

\$ 500 - \$ 1000

\*travel expenses may vary\*

#### Middle / High Schools

30-60 minute session for young adults (middle & high school)

\$ 700 - \$ 1500

\*travel expenses may vary\*

#### Colleges / Universities

1-2 hour session for college athletes

\$ 1500 - \$ 2500

\*travel expenses may vary\*